## **Emergency First Aid at Work - Online Annual Refresher**

## **IIRSM Approved**

What is Emergency First Aid? Well it's exactly that, the first aid to be offered if an incident occurs. Not many of us are confronted with scenes of blood and gore in our everyday lives – so usually first aid could be as simple as sticking a plaster on a small cut.

But what if you did find yourself confronted with a more serious situation. This Emergency aid course will highlight some of the most common situations that you might come across and the actions that you can take to help.

In the most serious situations a first aider's role will be to assess the scene so that accurate information can be passed to Emergency services and then to act appropriately to try and increase the patients odds of survival.

| Course                         | Module Number | Module Name                                  | Pass % Required |
|--------------------------------|---------------|--|-----------------|
| Emergency First Aid<br>at Work | 1             | What is First Aid?                           | 70              |
| Emergency First Aid<br>at Work | 2             | Barriers, ABCDs and the recovery<br>position | 70              |
| Emergency First Aid<br>at Work | 3             | CPR and AEDs                                 | 70              |
| Emergency First Aid<br>at Work | 4             | Choking                                      | 70              |
| Emergency First Aid<br>at Work | 5             | Bleeding                                     | 70              |
| Emergency First Aid<br>at Work | 6             | Shock  | 70              |
| Emergency First Aid<br>at Work | 7             | Spinal Injuries                              | 70              |
| Emergency First Aid<br>at Work | 8             | Breaks                                       | 70              |
| Emergency First Aid<br>at Work | 9             | Head Injuries                                | 70              |
| Emergency First Aid<br>at Work | 10            | Sprains                                      | 70              |
| Emergency First Aid<br>at Work | 11            | Managing an Incident & Record Keeping        | 70              |
| Emergency First Aid<br>at Work | 12            | Burns & Scalds                               | 70              |
| Emergency First Aid<br>at Work | 13            | Electric Shock                               | 70              |
| Emergency First Aid<br>at Work | 14            | Eye Injuries                                 | 70              |
| Emergency First Aid<br>at Work | 15            | Anaphylaxis and Diabetes                     | 70              |
| Emergency First Aid<br>at Work | 16            | Heart Attack & Stroke                        | 70              |

## **Recommended System Requirements**

- Browser: Up to date web browser
- Video: Up to date video drivers
- Memory: 1Gb+ RAM
- Download Speed: Broadband (3Mb+)

**Duration:** 150 minutes (*Note: This is based on the amount of video content shown and is rounded off. It does not account in any way for loading time or thinking time on the questions*).